

Airways:

علامات الخطورة:

- Snoring
- Gurgling
- Stridor
- Silence

الأسباب:

Intramural: foreign body / secretion
Mural: angioedema / epiglottitis
Extramural: tumor

دورك:

Patent Airways
Reassess

أدواتك:

Examine oropharynx
Suctioning secretions
Head-tilt chin lift / Jaw thrust

Crash Trolley: NPO – Oropharyngeal / Guedel - Epiglottic

Intubation
Surgical airway

Breathing:

علامات الخطورة:

Obs: Hi RR or Low Sats

O/E: Accessory muscles or cyanosis

Local exam: creps or wheeze or reduced AA or percussion note change

الأسباب:

- Pneumonia - Pulm. oedema - PE

- Asthma - ECOPD - Pleural pathology (air / fluid / blood)

+ Resp. fatigue / Opiates / Rib # or abdominal pain / Hyperoxygenation in retainers

دورك:

High Oxygen level

Low CO2 level

Reassess

أدواتك:

15L O2 NRM - titrate down later or Hi flow CPAP NIV I&V

(ماتنساش تنفخ الباج)

ABG (Partial pressure & lactate)

CXR (portable)

Nebs (salbutamol / Ipratropium)

IV Diuretics

IV Abx

Bag-valve-mask ventilation (Ambo bag)

Needle decompression

Chest drain

Thrombolysis

Circulation:

علامات الخطورة:

General: Pale - clammy - Poor pulse or CRT
Obs: tachy or brady - low BP
Low UO - Hi stoma or drain or bleeding

الأسباب: Types of Shock

Hypovolaemic (Internal or External bleeding / D&V / Severe burns)
Cardiogenic (MI - Acute HF – Arrhythmias)
Septic
Anaphylactic
Obstructive: (PE / Tamponade / Tension pneumothx)
Electrolytes: K

دورك الأساسي: (التعامل الطارئ)

2 wide bore IV access
IO if no IV
Bloods, B. Cultures
ABG (lactate - PH)
ECG
Urinary catheter

أدواتك: (علاج السبب)

Anaphylaxis: Adrenaline + Hydrocortisone
Sepsis: IV Abx
Hypovolaemia: IVI
External Hge: compression / tourniquet
Anti-Arrhythmics (as per ALS)
Internal bleeding: OGD / Surgical management / Embolization under CT
Vasopressors / Inotropes

Disability: (Drugs)

الحاجات اللي بتأثر على الوعي أو تجيب إعاقة دائمة

هتلاقي إيه:

Consciousness
Confusion
Pupils
Motor / sensory / cranial symptoms

الأسباب:

Hypoglycemia
Opioid toxicity
Electrolytes (Na, Ca)
CVA or intracranial pathology

دورك: (تكتشف السبب وتعالجه أو تمنع تطوره)

Look at the Drug chart
Check BM
Pupils
Seizures
Neuro exam
Reverse simple things

أدواتك: (حسب السبب)

Glucagon IM
20% - 50% IV Dextrose
Lorazepam / Diazepam
Naloxone
CT head

Exposure:

